

L-3 Safety and First aid

I Technical words:

1. Antiseptic:

A substance that inhibits the growth and action of germs.

2. Fire extinguisher:

A portable device that discharge a jet of water, foam or gas to extinguish fire.

II

Short answer:

1. What is a tourniquet?

Ans A tourniquet is a tight bandage that is used to stop the flow of blood from a wound.

2. Which articles could be used as a splint in case of a fracture?

Ans Any easily available articles like a sheet of newspaper, a magazine, a piece of cardboard or a pillow around the injured bone can also act as splint.

3. What is a sling?

Ans A sling made from a triangular piece of cloth can be used for support.

III Long Answer:

1. What first aid should be given in case of a minor wound?

Ans In case of a minor wound:

* Wash away all dirt around it.

* Clean the affected area with cotton wool soaked in an antiseptic lotion.

* Place a thick pad of cotton or sterile gauze on the wound and press it with your thumb and fingers. This will stop bleeding.

2. How would you help someone with a bleeding nose?

Ans In case of a bleeding nose

* Keep the patient upright in a comfortable position with his/her head held back.

* Press the bleeding side of the nose firmly.

* Keep an ice-pack or wet cloth on the

nose and the head of the patient.

* If the bleeding is heavy, send for the doctor.

IV HOTS

1. Puneet is a four-year old boy. His mother keeps all medicines on the top shelf of the rack. why?

Ans Accidental consumption of medicines can cause serious harm or even death.

Puneet is a four year boy, so he does not know much about this.

That is why his mother keeps all medicines on the top shelf of the rack.

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