

### Ln-3 Safety First

#### I Technical Words:

##### ① First aid:

The medical help given to an injured or a sick person before proper medical aid arrives.

##### ② Sterile gauze:

A thin net like material used to cover a wound which is free from germs.

#### II Short Answers:

##### ① What precautions should you take to avoid accidents at school?

To avoid accidents at school.

- \* Do not rush up or down the stairs. You may fall and get hurt yourself and others.

- \* Do not climb on desks and chairs or throw things around.

##### ② Write the first aid measures for minor burns.

In case of minor burns.

- \* Place the burnt area under running cold water.

- \* Apply an antiseptic cream over it.

### III Long Answer:

①

How will you help a person who has a bleeding wound?

- \* First wash the minor cut with water.
- \* Then apply an antiseptic lotion over it.
- \* If there is bleeding, try to stop it by trying a bandage on the cut.
- \* Dirt and flies should not be allowed to sit on the wound.

②

How will you help of a person who has bitten by an insect?

- \* If bitten by an insect like a bee or a wasp, apply a paste of baking soda and cold cream on the affected part to give relief.
- \* Put ice on the affected part.
- \* Apply lemon juice or pieces of grated lemon, a clay or mud paste or a slice of cucumber also helps.
- \* Juice of onion is also effective.

### IV Hots:

①

Your friend gets hurt while playing football with you in school. He has a cut on his knee. What should you do first of all?

I will wash the cut on his knee with water and apply an antiseptic cream over it.



② All poisonous chemicals should be kept away from eatables in a separate cupboard. Why?

Accidental consumption of poisonous chemical can lead to serious consequences.

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