



Class - I EVS Notes July

4. Clothes we wear

I. Draw and colour any two types of clothes:

1. Frock



2. Sweater



II. Fill in the blanks:

1. We get silk from silkworms.
2. Uniforms are special clothes worn at work by people who do the same kind of work.

III. Unscramble the given words:

1. TOTONC - COTTON
2. LWLEONO - WOOLLEN
3. MESTCUOS - COSTUMES

IV. Answer the following:

1. Why do we wear clothes?

Ans. To protect us from

- Heat
- Cold
- Wind
- Dust
- Rain
- Insects

2. From where do we get wool?

Ans. We get wool from the fur of animals like

- rabbit
- sheep
- yak

V. Mind Map:

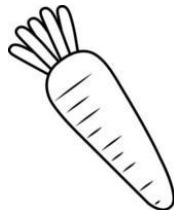


## 5. Food we eat

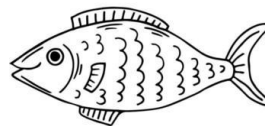
I. Draw and colour:

a) Any two healthy food:

Carrot



Fish



b) Any two unhealthy food:

Pizza



Chocolate



II. Fill in the blanks:

1. We get food from plants and animals.
2. Fruits and vegetables keep us healthy.

### III. Unscramble the given words:

1. oagt - goat
2. cukd - duck
3. eirc - rice

### IV. Answer the following:

#### 1. Why do we need food?

Ans. We need food to grow, stay healthy and to get energy to work and play.

#### 2. Name the three meals of the day.

Ans. The three meals of the day are

- Breakfast
- Lunch
- Dinner

### V. Mind Map

