



Class - III EVS

1. My Family and Me

I. Know These Terms:

1. Generation - All the people born and living at about the same time.
2. Customs - Widely accepted way of behaving or doing something that is specific to a particular society, place or time.
3. Tradition - Passing on of customs or beliefs from generation to generation.
4. Twins - Children born to the same mother at almost the same time.
5. Identical - Look the same.

II. Give reason for the following statements.

1. Our family is our first school.

Our family is our first school because we learn many things when we live in a family. Our family teaches us good values. Some of them are as follows.

- Being polite
 - Being respectful to elders
 - Helping family members
 - Taking care of the needs of other family members
- (Note: Answers may vary. Accept all logical answers.)

2. We meet our relatives on special occasions.

We meet our relatives on special occasions like festivals, birthdays, outings and wedding functions because these occasions bring all the family members together. These occasions help us to meet and communicate with our relatives thus strengthening the bond.

III. Answer the following Questions:

1. How does a joint family differ from a nuclear family?

In a joint family, grandparents, parents, siblings (brothers and sisters), uncles, aunts and cousins live together whereas in a nuclear family only parents and children live together.

2. What is a family tree?

A family tree shows the relationship between different members of a family. It always starts with the grandparents because they form the first generation. Parents, uncles and aunts form the second generation and children form the third generation.

3. Is there any similarity between you and any other member of your family in the way you talk, walk or smile? Write the name of the family member and the similarity.

Students are expected to answer this on their own. Accept all logical answers.

2. Caring for Others

I. Know These Terms:

1. Energy - Ability to do work
2. Nutritious - Containing many of the substances needed for life and growth

II. Answer the following Questions:

1. How can you help your grandfather when he is unwell?

We can help our grandfather when he is unwell in the following ways.

- Taking him to a doctor
- Giving him medicines on time
- Giving him nutritious food to eat

2. Write any three ways in which we show our love and support to people with special needs.

The three ways in which we show our love and support to people with special needs are listed here.

- Helping them in their daily chores, if required
- Playing with them and making them a part of our day-to-day activities
- Encouraging them to go to special school and spend time doing what they like.

3. How can the elderly stay healthy and fit?

The elderly can stay healthy and fit in the following ways.

- Having a nutritious diet that is easy to digest
- Having proper rest
- Doing some form of exercise such as walking or yoga